

UXBRIDGE & WEST DRAYTON CONTINUED

Joshi Pharmacy	315 Harlington Road, Hillingdon, Middx UB8 3JD	01895 443245
Lawton Pharmacy	8-9 Crescent Parade, Hillingdon, Middx UB10 0LG	01895 232876
Mango Pharmacy	3 The Parade, Cowley, Middx UB8 2EP	01895 233706
Mcparland Chemists	118/120 Cowley Road, Uxbridge, Middx UB8 2LX	01895 233668
Oakleigh Pharmacy	Uxbridge Rd, Hillingdon Heath, Middx UB10 0LU	020 8573 0285
Orchards Pharmacy	6 Laurel Lane, West Drayton, Middx UB7 7TU	01895 444103
Phillips Pharmacy	84 High Street, Yiewsley, Middx UB7 7DS	01895 443695
Winchester Pharmacy	64 Swan Road, West Drayton, Middx UB7 7JZ	01895 442788

HAYES & HARLINGTON

Boots The Chemists	28-30 Station Road, Hayes, Middx UB3 4DD	020 8573 0096
Boots The Chemists	1266 Uxbridge Road, Hayes, Middx UB4 8JF	020 8573 2549
Boots The Chemists	236 Yeading Lane, Hayes, Middx UB4 9AX	020 8845 2024
Daya Pharmacy	750 Uxbridge Rd, Hayes, Middx UB4 0RU	020 8573 3084
Grosvenor Pharmacy	788 Uxbridge Road, Hayes, Middx UB4 0RS	020 8848 4612
H A Mcparland Ltd	522 Uxbridge Road, Hayes, Middx UB4 0SA	020 8848 8447
Kasmani Pharmacy	6 Northfield Road, Hayes, Middx UB3 4JA	020 8573 0679
Lansbury Pharmacy	102 Lansbury Drive, Hayes, Middx UB4 8SE	020 8573 0837
Medics Pharmacy	11 Dawley Road, Hayes, Middx UB3 1LS	020 8573 1799
Nuchem Pharmacy	24 Coldharbour Lane, Hayes, Middx UB3 3EW	020 8561 0020
Pick Ups Chemists	20/21 Broadway Parade, Coldharbour Lane, Hayes, Middx UB3 3HF	020 8573 1322
Sainsbury Pharmacy	Coldharbour Lane, Hayes, Middx UB3 3EQ	020 8848 9112
Tesco Pharmacy	Glencoe Road, Hayes, Middx UB4 9SQ	020 8210 7247
Vantage Chemists	1 Park Parade, Barra Hall Circus, Hayes, Middx UB3 2NU	020 8573 4689
Vantage Chemist	252 Kingshill Avenue, Hayes, Middx UB4 6BZ	020 8845 5967
The Village Pharmacy	218 High Street, Harlington, Middx UB3 5DS	020 8759 9658

Clinic Timetable

(Clinic times and dates maybe subject to change, please phone to confirm, 0800 169 7541/020 8573 8283)

Day	Clinic	Time
Monday	The Warren Medical Centre, Uxbridge Road, Hayes, Middx UB4 0SF	4:30 – 6.00pm
Tuesday	Harefield Health Centre, Rickmansworth Road, Harefield UB9 6JY	4:30 – 6:30pm
Wednesday	Uxbridge Health Centre, PCT Seminar Room, 1st Floor, George Street, Uxbridge, Middx UB8 1UB	4:30 – 6.00pm
Thursday	The Hesa Primary Care Centre, 52 Station Road, Hayes Town, Middx UB3 4ZZ	1:30 – 3.00pm
Thursday	Phillips Pharmacy, 84 High St, Yiewsley, Middx UB7 7BY	12.00 – 2.00pm
Saturday	Sainsburys, Coldharbour Lane, Hayes, Middx UB3 3EQ	10.00 – 12.00pm

Had enough of smoking? We're here to help

SMOKEFREE
HILLINGDON

Hillingdon
Primary Care Trust

NHS

Your **FREE** supportive Hillingdon Stop Smoking Services. You are 4 times more likely to give up with our friendly, convenient and local service.
Call now on Freephone 0800 169 7541 or 020 8573 8283

Are you ready to stop smoking?

Our service offers treatment services to smokers which can double their chances of making a successful quit attempt. We have an amazing 67% success rate! This free service is available to all smokers in Hillingdon.

The NHS's stop smoking programme involves:

Session 1 The information session where we explain the treatment programme, answer your questions, and provide information on preparing to quit, along with advice on nicotine replacement therapy (NRT), Zyban and Champix.

Session 2 The day you quit! And how to cope.

Session 3-8 Offer support during the most difficult stages of withdrawal and cover various topics, which may include controlling weight gain, cravings and how to make sure NRT, Champix and Zyban are working properly.

These sessions provide an opportunity for people to raise their own particular concerns, and also to share their experience with the advisors and others through difficult times.

We run programmes very local to you all year round! Give us a ring on **0800 169 7541** or **020 8573 8283** to enroll to one of our programmes.

Are you pregnant and want to give up?

If you are pregnant and want to stop smoking we also have a midwife stop smoking advisor who will provide visits by appointment.

Community Pharmacy Stop Smoking Service

This service is designed to bring a stop smoking service to your local community. You can visit or ring up your nearest Pharmacist Community Advisor to arrange an appointment at mutually convenient times. Please find a list of participating pharmacists in this leaflet.

So why wait? Come and join our support programme. For registration and information just ring **FREE** on:

0800 169 7541 or 020 8573 8283

Community Pharmacy Stop Smoking Service

The following pharmacies provide a Stop Smoking Service:

HAREFIELD		
Harefield Pharmacy	12e High Street, Harefield, Middx UB9 6BU	01895 822273
Malthouse Pharmacy	Breakspear Road North, Harefield, Middx UB9 6NF	01895 824782
NORTHWOOD		
Boots The Chemists	32 Joel Street, Northwood, Middx HAG 1PF	01923 820841
Boots The Chemists	11 Maxwell Road, Northwood, Middx HA6 2XY	01923 825365
Carter Chemists	114 High St, Northwood, Middx HA 6 1BJ	01923 825753
Ross Pharmacy	28 Joel Street, Northwood Hills, Middx HA6 1PF	01923 821596
Sharman Chemist	3-4 Clive Parade, Maxwell Road, Northwood, Middx HA6 2QF	01923 825288
RUISLIP		
Alliance Pharmacy	Waitrose Supermarket, 9 Kingsend Ruislip, Middx HA4 7DS	01895 672008
Ashworths Pharmacy	64 High Street, Ruislip, Middx HA4 7AA	01895 632101
Boots The Chemists	716 Field End Road, Ruislip, Middx HA4 0QP	020 8422 0543
Boots The Chemists	116-118 High Street, Ruislip, Middx HA4 8LS	01895 632527
Boots The Chemists	210 Whitby Road, Ruislip, Middx HA4 9DY	020 8868 6555
Chimsons Ltd	29 Victoria Road, Ruislip Manor, Middx HA4 9AB	01895 675705
Cheerglow/Bouti-Care Pharmacy	81 Howletts Lane, Ruislip, Middx HA4 7YG	01895 674881
Dallas Pharmacy	67 High Street, Ruislip, Middx HA4 8JB	01895 639991
Dana Pharmacy	100 Victoria Road, Ruislip Manor, Middx HA4 0AL	01895 639022
Hopkins Pharmacy	292 West End Road, Ruislip, Middx, HA4 6LS	01895 632883
Ruislip Manor Pharmacy	53 Victoria Road, Ruislip Manor, Middx HA4 9BH	01895 632409
Sainsbury Pharmacy	11 Long Drive, Ruislip, Middx HA4 0HQ	020 8845 5585
ICKENHAM		
Hopkins Pharmacy	1 Swakeleys Road, Ickenham, Middx UB10 8DF	01895 632576
EASTCOTE		
Boots The Chemists	123 Field End Road, Eastcote, Middx HA5 1QH	020 8866 1366
Boots The Chemists	171 Field End Road, Eastcote, Middx HA5 1QR	020 8866 3191
Carters Pharmacy	41 Salisbury Road, Eastcote, Pinner, Middx HA5 2NJ	01895 636697
Greenlight Pharmacy	111 Field End Rd, Eastcote, Middx HA5 1QG	020 8866 2572
Superdrug Pharmacy	143 Field End Road, Eastcote, Middx HA5 1QL	020 8868 7979
UXBRIDGE & WEST DRAYTON		
Adell Pharmacy	392 Long Lane, Hillingdon, Middx UB10 9PG	01895 256394
Boots The Chemists	380 Long Lane, Hillingdon, Middx UB10 9PG	01895 237266
Boots The Chemists	14-16 Station Road, West Drayton, Middx UB7 7BY	01895 442589
Boots The Chemists	128 The Chimes, Uxbridge, Middx UB8 1GA	01895 233526
Brunel Pharmacy	Unit 3a Hamilton Centre, Brunel University Cleveland Rd, Uxbridge, Middx UB83PH	01895 257187
Carewell Chemist	10 Mulberry Parade, West Drayton, Middx UB7 9AE	01895 443329
Flora Fountain	283 High St, Uxbridge, Middx UB8 1LQ	01895 258000